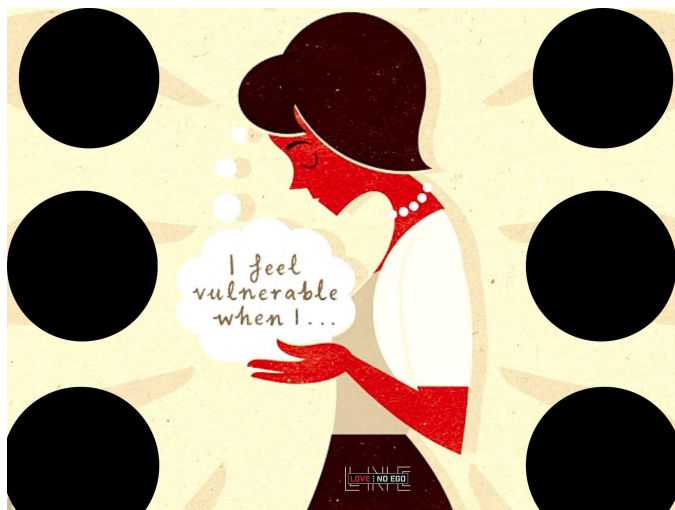


Vulnerability

The quality or state of being exposed to the possibility of being attacked or **harmed**, either physically or **emotionally**.



Examples: Admit that I'm afraid? Say I love you first? Try something new? Express an unpopular opinion? Ask for help? Why is it easier to say "I hate" than "I love?"

